

## JOB ANNOUNCEMENT

## **Personal Trainer**

Seasonal/Temporary

**Duties:** 

Responsible for conducting personal training sessions and small group training sessions. Administer exercise and health consultations, fitness assessments, exercise program design sessions and fitness orientations. Must be capable and comfortable in training people of all ages and abilities. May be asked to participate in other tasks associated with maintaining and operating a professional fitness environment. Candidates should be high performance employees; who focus on doing a good job to satisfy clients and customers; who manage their time and client schedules responsibly and complete their workload with a great deal of autonomy; who see quality as a priority in the workplace; who remain motivated and self-initiating; who are eager to handle challenges and to learn and grow from them; who are reliable and remain consistent in their style of working and customer service/leadership; who are open-minded and flexible; and who choose this profession more for the altruistic purpose of helping others.

Requirements:

Must have nationally recognized personal training and/or strength and conditioning certification (such as NSCA, ACE, NASM, ACSM) and be certified in CPR/AED. Must be proficient in Microsoft Word and Excel. A two or four year degree in the field of Exercise Science and at least one year previous personal training experience preferred. Must have excellent interpersonal skills and strong verbal communication skills.

Hours:

Vary; weekday mornings from 6 a.m.; afternoon, evening hours and possible

weekend hours

Salary:

\$23.01+ per hour, varies with qualifications, Grade 108

Location:

**Herndon Community Center** 

814 Ferndale Avenue

**Closing date:** 

Open until filled

**Contact:** 

Human Resources P.O. Box 427

777 Lynn Street, Room 110 Herndon, VA 20172 (703) 481-1185

Re-announced 06-12-2015, Dept. 0332, Ann No. 2015-05

## AN EQUAL OPPORTUNITY EMPLOYER

The Town of Herndon supports the Americans with Disabilities Act by making reasonable accommodations for persons with disabilities, so that they may participate in job interviewing, services or activities, offered by the Town. Please call (703) 435-6817 for any accommodation that may be necessary to allow for participation.